



Oct 30

Sermon Notes | Matthew 6:26-31; Matthew 10:29-31

Message discussion: What stood out to you in this week's message? Questions? A way God moved you to respond?

Passage reflection: Read Matthew 6:26-31; Matthew 10:29-31. What stands out to you in these verses? Is there something you hear God saying to you? How can you respond to what He is saying?

1. Read the following verses: Psalm 4:8; Psalm 121:1-8. What do these verse have to say about God's sovereignty and our ability to rest in it?

2. Read Psalm 46:1-11. Verse 10 tells us to "Be still" or "Stop striving" and know that I am God. Describe the things that this Psalm tells us about God in order to assure us that we can rest in His sovereign care.

3. Read Matthew 6:26-31. When circumstances beyond your control turn bad, do you struggle with worry? Are you able to rest in God's sovereign care of you regardless of the circumstances?

4. What aspect of God's sovereignty do you need to rest in more fully? How might you lean more of your trust on His care for you?